



“Shaping Kids For The Future”

FVG welcomes you! Thanks for returning or joining our programs. We are committed to “Shaping Kids For The Future.” Our teacher’s objective is to teach Gymnastics & More while promoting Responsibility, Health, and Happiness, for Today & Tomorrow!



What to Wear

A leotard is **required** for girls ages 3 & up. Footless tights are acceptable. Bare feet or cotton socks. Hair away from face, in a ponytail, pig tails or braids. No jewelry please! Boys can wear t-shirts & shorts/sweat pants (not too baggy). No snaps, buckles or zippers. Lost & Found is located in the Front Parent Observation Room. Anything left behind is donated to Good Will the 1st of every month. FVG is not responsible for items left behind.

Where to Wait

Children need to wait in the correct waiting room for their instructor to greet them and take them into the gym. **For safety reasons children and parents are not allowed in the gym or on the equipment without an instructor.** If necessary PLEASE use the bathrooms in the Main Hallway before class, (this will help avoid monkey see, monkey do).

Observation Area

Parents are welcome to stay and observe and relax in our parents observation rooms or shop in our Flip-Flop Pro Shop. Please be courteous to all viewers and converse in soft voices. **Parents & siblings are NOT allowed in the gym. PLEASE, help us by abiding to these rules. Thank you.**



FVG INFORMATION & PROCEDURES

Make-Ups/Absences

Make-Ups are not guaranteed. One make-up class is allowed per full session (within the same session). You must sign-up in the office to schedule a make-up class. Please note, “You & Me” and “Rollie Pollies” can begin make-up classes the 2nd week of classes. All other classes may schedule make-ups between weeks 3 & 8 (weeks 1&2 are evaluation weeks). No make-ups the last week of class (awards week). No refunds or credits for missed classes. Please call if your child is going to be absent (to accommodate make-ups). In the event there is only one student in a class due to absences, the class time may be reduced to prevent fatigue to the child. Target class ratio is 6 to 1 (ages 3 & 4), 8 to 1 (ages 5+). Some days may have less due to absences and other days may have one more to accommodate a make-up student.

Rollie Pollie (ages 3&4)

A parent/guardian is required to stay in the building for the duration of the Rollie Pollie class. Children ages 3 & 4 must be accompanied by an adult while using the bathrooms, leotards are difficult to get in and out of.

Questionable Weather

The 9:00/9:15 AM class will be canceled if Plainville schools have a delay. If Plainville schools are closed due to snow, morning classes are canceled. If the weather clears on a school closing day, afternoon & evening classes may still be held. If Plainville schools have an early dismissal due to bad weather, please call to see if classes are still running. For Saturday class status or if in doubt, please call (860) 793-1616 to see if classes are running as scheduled. Snow day make-up class options will be announced. No refunds or credits for weather cancellations.

Health Insurance

Parents are required to provide and use their own medical insurance if needed. Also, our insurance company requires that we have this information on file as well as emergency contact information. Please keep us up-to-date with any account changes.



Tuition Payment

Tuition payments are to be paid one week before the start of the session. A \$10.00 late fee will be applied for late payments unless other payment arrangements have been made. **Families with 2+ children enrolled** – 2 payment option, Second payment is due one month after 1st payment. Please call the office Mon. – Fri. 9:00AM to 6:00PM if you need account info. Evening office staff may not have access to this info. The preferred form of payment is Check, (discounted) that can be mailed ahead of time. Accounts must be up-to-date in order to enroll in the next session. Refunds only given before child attends second class (minus 10% processing fee). No refunds after second class. Credits may be given (minus 10% processing fee) for next session, depending on situation. **Registration Fee & Class Deposits are non-transferable or refundable.**

Next Session Info

Hold your child’s spot for each session with a \$20 deposit. Current session students have rights to their spots until the deadline date as posted on our monthly calendars. After the deadline date all classes will be opened to outside enrollment. Renewal Reminders will be sent home with the students mid way through each session. Please carefully read the details on how to reserve your spot or how to request a class change.

Awards

To reward hard work and year round commitment, students that attend Fall I, Fall II, Winter & Spring sessions will receive a Gold Medal at the awards ceremony at the end of the Spring Session. Earn a trophy with 5 consecutive years enrolled, all ages & programs. Each child will receive an achievement ribbon at the end of each session. Ages 5 and up will also receive a progress report at the end of the Fall II & Spring Session.



**5 Northwest Drive * Plainville * 06062
Tel: 860 793-1616 * Fax: 860 793-1717
WEBSITE: FVGandMORE.com**

